DAVID HARRIS
CITY ADMINISTRATOR

MONEY, MONEY, MONEY

- The City’s annual audit for the fiscal year ending September 30, 2019 was received at the February Council meeting. Once again, the City received a clean bill of health from an independent CPA firm who specializes in reviewing City finances.

- The City has received the Certificate of Achievement for Excellence in Financial Reporting from the Government Finance Officers Association. The annual audit or Certified Annual Financial Report is posted on the City’s web page under the Department/Finance tabs. These achievements reflect on the quality staff we have and have had through the years. Kudos to our Finance staff past and present!

- Finance Director Josie Carrizales has issued the City’s annual Budget calendar (FY 2020-21) and it is posted on the City Web site. Initial steps of this process include Council determining its goals, and then staff drafting a budget for review. The first budget draft will include the operations budget and Capital Improvements Project budget. These will include plans for street projects and major equipment purchases will be several public meetings and hearings during July and August. The goal is to adopt the new budget by the end of August so it is well in place come October 1, the start of the new fiscal year.

- The cancellation of the City’s May election will save the City approximately $3,000. Each of the three candidates up for re-election, Mayor Suzanne de Leon, Councilmember Stephan Lara, and recently appointed Councilmember Gloria Cantu, drew no opponents.

WHO’S THE BOSS - BOSS BEAUTY MAKEUP ACADEMY!!

What a turn-out is was for the newest business in Balcones Heights!!

Boss Beauty Makeup Academy in the Northpoint Shopping Center on Fredericksburg Road! More than 100 excited fans lined up hours before the official ribbon-cutting, anxious to find out more. One of our residents chimed in on Facebook that wondered what this store could do to improve his looks at age 74!

Welcome to Balcones Heights, Boss Beauty!!
4535 Fredericksburg Rd., Suite 223
https://www.bossbeautymakeupacademy.com/

COMMUNITY FAIR - Mark your calendar for the first ever Balcones Heights Community Fair! The event will be held at the Balcones Heights Justice Center on May 2, 2020 from 11:00 a.m. - 1:00 p.m. You will have the opportunity to learn more about new and exciting projects planned for your City. Come enjoy food, fun and friendship! Find more Information on page 6.
Your City Council and City staff are undertaking several planning initiatives that focus on both short and long-term planning. These plans focus on everything from operations, short and long-term capital needs, and how to best bring about major transformation along Fredericksburg Road.

There are three components of this planning:
1. The City’s **Strategic Plan**
2. The City’s **Comprehensive Land Use Plan**, commonly referred to The Master Plan
3. The City’s **Branding** Initiative

For several months, City Council has been very involved in **strategic planning for your city**. The goals of the strategic plan include revisiting the City’s 2009 Master Plan. This plan is incredibly detailed. Its primary goal was to provide City leadership with a road map to where the City wants to be and wants to look like in the future: an urban, regional hub of commercial and residential activity in the greater San Antonio metropolitan area.

As we all know, “the best laid plans…” Things change. Anticipated plans and/or funding evaporate, regional goals/plans change or are discarded. The City’s Master Plan is more than 10-years old. After a decade, it was agreed that it was time to revisit the plan and determine, what, if anything had changed, and what does the City want to do about it. The City has engaged Mitchell Planning Group to work with the city, its leaders, and its residents to review the City’s master plan. This will likely include the rewriting of certain sections of our zoning code.

Updates on how **you and your neighbors may participate in this review process** will appear in future newsletters, on the City’s web site, and on Facebook. You can go to the City website home page and sign up to receive the newsletter electronically.

In February, Council and staff also kicked off the City’s Branding initiative. “Branding” is how the City would like to be known throughout the region, the City’s image if you will, outside the City. This will be the image we want to be known for. When you think of great brands, many come to mind-old and new. For example, McDonald’s has the golden arches, Whataburger has a gigantic W, and the Pearl complex is known for its food-centric culture, high-end apartment living and a world-class hotels on the San Antonio River. Some may question that Balcones Heights is not McDonalds, is not Whataburger. The City is not a product. However, as **Lorenzo Nastasi**, the City’s **Economic Development Director**, pointed out during the branding “discovery” workshop, the City IS A PRODUCT. It is trying sell businesses on moving here, it is trying to attract new residents to live here. So, let us do a little dreaming and put out a grand vision for the future!

**CODE COMPLIANCE**

- Please join me in welcoming the City’s new code compliance officer Luther Perez. Luther joined the City on March 2, 2020. (See more about Luther on page 5)
- Code compliance is designed to enhance the safety of properties and structures within the City. Public safety is of paramount importance to each and every one of us. Additional benefits of code compliance include improved curb appeal and stability in property values. Curb appeal, and public safety are crucial to attracting new businesses and residents to our community.
- This past year the City had to demolish a single-family home. The decision was reached only after it was determined that the structure was no longer suitable for habitation and was a danger to the person and animals living there.
- Code Compliance and other staff will work with you and your neighbors. The City has access to several non-profit partners that exist to help those who need help in maintaining their properties. If you, or one of your neighbors, cannot maintain your property due to hardships, illness, or other reasons, please let us know! We can connect you to these partners who may be able to offer you the assistance you need. For more information, contact Luther Perez at lperez@bhtx.gov or Janet Thelen jthelen@bhtx.gov or dharris@bhtx.gov

Please feel free to contact me if you would like any additional information or have any questions. dharris@bhtx.gov
April 1: Census Day!

Balcones Heights, along with every other city in the Country, has been asked to help inform the public about the upcoming 2020 Census.

A Complete Count Committee has been formed to help educate our residents and we are here to assist if you need help. There will be three ways to fill out the Census: you can mail, phone, or send your information online. Also stations will be set up at libraries for the public to use. (The Westfall Library located at 6111 Rosedale Ct, San Antonio, TX 78201 is the closest library to our neighborhood), Federal funding is tied to the Census and it is important to get an accurate count. Funding provides health care, core services such as road paving and education, and also determines how many Congressional districts States will have.

Households have begun receiving official Census Bureau mail with detailed information on how to respond to the 2020 Census online, by phone, or by mail. See information below.

If you want to volunteer to help with our local Complete Count Committee please contact Chair Lamar Gillian at 210-875-1281 or lgillian@bhtx.gov.

Your Data is Safe!!!
Welcome Boss Beauty Makeup Academy!

Prevent Illness

Avoid close contact with people who are sick. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Avoid touching your eyes, nose, and mouth. Clean and disinfect frequently touched objects and surfaces. Stay home when you are sick, except to get medical care. Wash your hands often with soap and water for at least 20 seconds.

Balcones Heights “Officers of the Month” “The Detective Team”

Balcones Heights Mayor and City Council presented Baskin Elementary School Students, Principal Valerie Garcia, and PTA President Coral Lising a Proclamation for the Read Across America National Celebration!


To make sure you get the most up-to-date information - please visit the Centers for Disease Control (CDC) website. Use these tips below to help you stay healthy and help prevent the spread of the virus. We will put any new information on our City website bhtx.gov and on Facebook - https://www.facebook.com/BalonesHeights/
Welcome Code Compliance Officer Luther Perez

Luther joined the city staff at Balcones Heights on March 2, 2020. He brings to Balcones Heights 25+ years’ experience as a code enforcement officer. Luther started his career as a code enforcement officer with the City of San Antonio serving the city for over ten years. The City of Austin made him and offer he could not refuse, so he spent the next 13 years serving the citizens of Austin. His experiences include specialized joint enforcement efforts teaming up with the Austin Police Department, Texas Alcoholic Beverage Commission, the Health Department, the State Comptroller and the Austin Watershed Protection Department targeting problem locations with repeat violations. Luther retired from the City of Austin, but decided he was too young for retirement and joined the City of Live Oak as a code compliance officer where he served for 2 years.

In addition to his career as a code enforcement officer, Luther earned a peace officer’s license and served as a reserve officer from 1995 to 2014. Luther proudly served in the US Army and is a graduate of Sidney Lanier High School.

Update on Street Projects

The City of Balcones Heights continues to move forward with street reconstruction and maintenance. To help extend our resources for infrastructure improvements, the City applies for grants to supplement the city funds. The City has received Community Block Development Grants (CBDG) from Bexar County totaling over $3,000,000 since 1986. Bexar County Economic and Community Development is the local agency who administers the federal Housing and Urban Development (HUD) CDBG funding. The funds have been used for the former Community Center, Rogier Park, and numerous street reconstructions. Just this past year, Glenarm Place Phase II was funded with CDBG monies and was recently completed. Vivian Lane will undergo complete reconstruction beginning in June 2020 with $300,000 of FY 2019 CDBG funds plus $404,000 in City funds for a total project valued at $704,000. Add this to the previous year’s project, Glenarm Phase I, and you have two blocks of the street reconstructed complete with new sidewalks, water, sewer, and gas lines and costing $1,597,493 total. This investment will go a long way in rejuvenating the City’s older infrastructure and continuing the reinvestments we all have made to improve and clean up our City.

At the February 24, 2020 city council meeting a resolution was approved to allow the city to apply for FY 2020 CDBG funding. Pleasant Drive is the next street on the list for reconstruction. Glenarm Place and Leisure Dr. were reconstructed in Phase I and Phase II over two-year periods due to the length of the streets and the available city and CDBG funds. The City is applying for to two FY 2020 CDBG grants to hopefully fund reconstruction of the entire Pleasant Drive simultaneously instead of in phases over two years. Due to changes in funding restrictions, areas impacted by floodplains are no longer eligible for CDBG funding. The bridge at the Woodlawn Channel on Pleasant Drive cannot be improved nor can the sewer main be replaced as part of the overall reconstruction. For this reason, the city has broken the Pleasant Drive reconstruction into three phases.

Phase I extends from Crestview Drive to the Woodlawn Channel and is a complete street, sidewalk, and utility reconstruction.

Phase II encompasses only the area of the Woodlawn Channel bridge plus the sewer main (which runs under the channel) from the Woodlawn Channel to Gentleman Drive. Phase II cannot receive funding from CDBG. The street and sidewalks will be reconstructed. The channel structure which comprises the bridge does not need replacement, but will be milled and resurfaced.

Phase III is street, sidewalk, water and gas utility reconstruction from the Woodlawn Channel to Gentleman Drive. Phase III, if granted FY 2020 CDBG monies, will occur at the same time as Phases I and II. The projects will be bid independently as required by CDBG, but the bidding process will be initiated at the same time.

Community support is vital for grant awards. Please take a moment and contact Bexar County Precinct 2 Commissioner Justin Rodriguez and share with him your support of Balcones Heights applications for Pleasant Dr. Contact Commissioner Rodriguez at (210) 335-2612. CDBG funds allow Balcones Heights to maintain the quality of our infrastructure without forcing the city to enter into a continuous cycle of debt. The city council strives to balance revenues and expenses to maintain adequate reserves in case of natural disasters, economic downturns, and other unforeseen events which can suddenly impact a community. Through careful stewardship, financial planning, and good management, the City of Balcones Heights remains financially sound.
National Prescription Drug Take-Back Day
POSTPONED
Due to COVID-19

It is that time again for the Drug Enforcement Agency’s national “Take Back” initiative. The Balcones Heights Police Department will be accepting medications, both prescription and over the counter, that you wish to dispose of. Please do not flush them down the drain. This time we will not be requiring identification and the medications do not need to be in their original container. If you do leave them in the original container please remove the identifying label. On Saturday, April 25, the DEA has coordinated a national take-back day that will provide a unified opportunity for individuals throughout the county to have a place to dispose of medications. The Justice Center will be a drop-off location between the hours of 10:00 a.m. and 2:00 p.m.

Free Tax Preparation Wonderland of the Americas
4522 Fredericksburg Rd.

POSTPONED
Due to COVID-19
February 3 - April 8, 2020
Suite B-61

Dates for 27th Annual Balcones Heights Jazz Festival:
July 10, 2020
July 17, 2020
July 24, 2020
July 31, 2020

BALCONES HEIGHTS FIRE DEPARTMENT TO PARTICIPATE IN THE MDA “FILL THE BOOT” CAMPAIGN

POSTPONED
Due to COVID-19

Be on the look out for the Balcones Heights Fire Fighters at the corners of Fredericksburg Rd. and Hillcrest on the dates above. Please stop and donate to the MDA “Fill the Boot” Campaign. Help them meet their goal of raising over $3,000.

If you have questions regarding this campaign, contact the MDA office 210.650.3181

Presents
A, B, C's of Self Defense

Assertiveness, Boundaries, and Confidence
12 free self-defense classes designed for Females to feel safe and empowered.
Starting on March 8 for International women's day We'll be offering Free 6 months training.

Curriculum

March 8 & 21
Don't Let anybody push you
April 4th & 18
Keep your distance
May 2nd and 23
Stay on Top

June 13 and 27
Don't Be dragged
July 11 and 25
Protect your neck
August 1 and 15th
Keep your hair down

210 607-3591
3230 Hilcrest dr #2-San Antonio, TX 78201
PurpleSageholistichealth@gmail.com
**SAVE THE DATE**

**BALCONES HEIGHTS COMMUNITY FAIR!**

**SATURDAY, MAY 2**

**11:00 a.m. - 1:00 p.m.**

Balcones Heights Justice Center - 3300 Hillcrest

Free Hot Dogs, Popcorn & Soft Drinks

Health Screenings - Community Vendors

Get 2020 Census Information

Join the Balcones Heights Neighborhood Watch and much more!!

For more information contact Chrissie Kolb, Community Relations Manager - chrissie@bhtx.gov

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**Contact Information**

<table>
<thead>
<tr>
<th>Phone: 210.957.3000</th>
<th>Animal Control: 210.957.3170</th>
<th>Emergency: 911</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fax: 210.957.3159</td>
<td>Fire Department: 210.957.3140</td>
<td>Communications/Dispatch/Non-Emergency 210-957-3170</td>
</tr>
<tr>
<td>e-mail: <a href="mailto:info@bhtx.gov">info@bhtx.gov</a></td>
<td>Vehicle Impound Facility: 210.957.3170</td>
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**Staff Directory**

<table>
<thead>
<tr>
<th>NAME</th>
<th>TITLE</th>
<th>DEPARTMENT</th>
<th>NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suzanne de Leon</td>
<td>Mayor</td>
<td>City Council</td>
<td>210.957.3540</td>
</tr>
<tr>
<td><a href="mailto:sdeleon@bhtx.gov">sdeleon@bhtx.gov</a></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>David Harris</td>
<td>City Administrator</td>
<td>Administration</td>
<td>210.957.3541</td>
</tr>
<tr>
<td><a href="mailto:dharris@bhtx.gov">dharris@bhtx.gov</a></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Delia Sanchez</td>
<td>City Secretary</td>
<td>Administration</td>
<td>210.957.3542</td>
</tr>
<tr>
<td><a href="mailto:dsanchez@bhtx.gov">dsanchez@bhtx.gov</a></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Janet Thelen</td>
<td>Community Development Director</td>
<td>Community Development</td>
<td>210.957.3545</td>
</tr>
<tr>
<td><a href="mailto:jthelen@bhtx.gov">jthelen@bhtx.gov</a></td>
<td></td>
<td></td>
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<tr>
<td>Josie Carrizales</td>
<td>Finance Director</td>
<td>Finance</td>
<td>210.957.3544</td>
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<tr>
<td><a href="mailto:jcarrizales@bhtx.gov">jcarrizales@bhtx.gov</a></td>
<td></td>
<td></td>
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<tr>
<td>Lorenzo Nastasi</td>
<td>Economic Development &amp; Public Affairs Director</td>
<td>Economic Development &amp; Public Affairs</td>
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<td></td>
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<tr>
<td>Brock Ward</td>
<td>Fire Chief</td>
<td>Fire Department</td>
<td>210.957.3141</td>
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<tr>
<td><a href="mailto:bward@bhtx.gov">bward@bhtx.gov</a></td>
<td></td>
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<tr>
<td>John Jahanara</td>
<td>Police Chief</td>
<td>Police Department</td>
<td>210.957.3151</td>
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<tr>
<td><a href="mailto:jjaranara@bhtx.gov">jjaranara@bhtx.gov</a></td>
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<tr>
<td>Lisa Merlo</td>
<td>Finance/Administrative Coordinator</td>
<td>Finance</td>
<td>210.957.3543</td>
</tr>
<tr>
<td><a href="mailto:lmerlo@bhtx.gov">lmerlo@bhtx.gov</a></td>
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</tr>
<tr>
<td>Chrissie Kolb</td>
<td>Community Relations Manager</td>
<td>Economic Development &amp; Public Affairs</td>
<td>210.957.2992</td>
</tr>
<tr>
<td><a href="mailto:chrissie@bhtx.gov">chrissie@bhtx.gov</a></td>
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<tr>
<td>Richard Dean Martin</td>
<td>Photo Enforcement Officer</td>
<td>Photo Enforcement</td>
<td>210.957.3160</td>
</tr>
<tr>
<td><a href="mailto:rmartin@bhtx.gov">rmartin@bhtx.gov</a></td>
<td></td>
<td></td>
<td>210.957.3162</td>
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January 27, 2020 City Council Meeting Update

EXECUTIVE SESSION: 6:46 p.m.
Discussion pursuant to §551.074 (Personnel Matters) to review and interview applicants for City Council Place 2.

RE-CONVENE IN OPEN SESSION: 7:00 p.m.
MOTION: Appoint Gloria Cantu for the un-expired term Council Place 2 until May 2020.

Motion by: Councilmember Gillian Second: Councilmember Valverde 4/0/0 PASSED
Ayes: Lara, Halpin, Gillian & Valverde

CONSENT AGENDA ITEMS:

a. Approval of minutes for Regular Meeting of December 16, 2019
b. Finance Report for the month of December 2019 (Carrizales)
c. Discussion and ACTION repealing Ordinance No. 2006-21 prohibiting parking at any time south on Leisure Drive 47.5 feet east and 22.5 feet west of 214 Leisure Drive. (Thelen)
d. Consideration and ACTION to adopt a resolution ordering a Joint/General Election to be held with Bexar County on May 2, 2020. (Sanchez)

MOTION: Motion to approve in its entirety.
Motion by: Councilmember Gillian Second: Councilmember Lara 5/0/0 PASSED
Ayes: Lara, Cantu, Halpin, Gillian & Valverde

BUSINESS ITEMS:
Discussion alternatives and authorize staff to proceed with upgrading the traffic signal at Hillcrest Drive and Babcock Road. (Thelen)

Director of Community Development Janet Thelen came up and gave background on this item.

MOTION: Recommendation of Alternative #1 (Replacing Controller).
Motion by: Councilmember Gillian Second: Councilmember Valverde 5/0/0 PASSED
Ayes: Lara, Cantu, Halpin, Gillian & Valverde

Discussion and direction to staff regarding the selection of project for the 2020 Community Development Block Grant Application. (Thelen)

There was discussion and direction given to staff on project to submit on the Bexar County CDBG application.

Discussion and possible ACTION regarding market survey-based salary adjustments for select positions and appropriate budgetary transfer. (Carrizales) - Finance Director provided information on the salary adjustments that will be made for the Fire Captain, Firefighters, Dispatchers, and the Finance Director.

MOTION: Approve budget salary adjustments for Fire Captain, Fire Lt., Firefighters, and Dispatchers.
Motion by: Councilmember Gillian Second: Councilmember Halpin 5/0/0 PASSED

EXECUTIVE SESSION: 8:26 p.m.
Discussion pursuant to §551.086 (Economic Development) of the Texas Government Code regarding possible business development near or around Fredericksburg Road.

RE-CONVENE IN OPEN SESSION:
No Action

Meeting adjourned at 8:43 p.m.

City Council Agendas and Minutes are available on the City's website - https://bhtx.gov/government/public-records
What is Planning and Zoning?

Zoning is a group of land use laws to regulate privately and publicly owned property. Zoning ordinances provide municipalities the tools to enforce the land use regulations. Planning is an extension of zoning and aids in the orderly development and future use of land. Planning and zoning are not new concepts. In 1908 the City of Los Angeles adopted zoning ordinances and New York City adopted in 1916. The Los Angeles City Council adopted zoning regulations for safety and use compatibility by establishing defined residential and industrial districts. New York City was driven to regulating property when the Equitable Building at 120 Broadway was constructed. Equitable Building covered the entire lot on which it was constructed and towered over the neighborhood blocking windows of adjacent buildings and impeding sunshine in the area.

When discussing zoning, it is very common for the City of Houston to enter the conversation as the largest city in the United States that has not adopted a zoning ordinance. Houston however does regulate land use through covenants, deed restrictions, setback ordinances, subdivision regulations, and other land use regulations.

Balcones Heights has a Planning and Zoning Commission comprised of five commissioners who must be residents of Balcones Heights, and two alternate commissioners who are residents, business owners or employed in the city. The City Council appoints interested qualified individuals to serve as commissioners. Commissioners terms are staggered over odd and even years to protect continuity and to ensure experienced members are serving on the Commission. The City Council is committed to selecting Commissioners with diverse backgrounds bringing varied perspectives to ensure representation of the overall community, both residential and commercial.

The Planning and Zoning Commission works with the City Council to identify community needs and to advise the City Council of short-range and long-range planning strategies. The Commissioners serve as liaisons to aid citizens understanding the purpose and goals in the balance of public needs and private land use. The Commission reviews and proposes zoning amendments and advises the City Council on development and review of the Comprehensive (Master) Plan. Platting is the legal process of dividing or joining together pieces of property for use/development. The Commission holds public hearings and reviews and recommends to the City Council on matters of platting or re-platting of property.

The Planning and Zoning Commission meets on the 3rd Tuesday of the month at 6 p.m. when needed. If you have an interest in serving on the commission, the primary requirement is a willingness to serve the community. Applications to serve on the Planning and Zoning Commission or other boards available on the city website – bhtx.gov or stop by Justice Center and request an application. City staff will assist with orientation to prepare you to serve the City. Cities require citizen input to determine the direction and future of the community. Serving on a board or commission is an honorable way to serve your community.

If you have questions about the Planning and Zoning Commission or other opportunities to serve the citizens of Balcones Heights, please contact Mayor Suzanne de Leon, any Councilmember, or Janet Thelen, Director of Community Development jthelen@bhtx.gov or 210.957.3545.

Janet Thelen
Director of Community Development
IMPORTANT DATES & INFORMATION FROM C-6

Bulky items/brush collections are provided two times a year.

First Bulk/Brush Collection for 2020 is Monday, April 6th thru Friday, April 10th

Second Bulk/Brush Collection for 2020 Monday, September 21st thru Friday, September 25th

Bulky item collection is provided to all City residential solid waste ratepayers. To find out if you are current on your account contact C-6 Disposal at 210.375.0066.

If you are a resident and current on your account, you are eligible to receive this service. Material must be out no later than 7 a.m. on the Monday of the designated week. Once the truck has passed, it will not return.

BULKY PILE/BRUSH GUIDELINES:

Bulky/brush items must be set out no later than 7:00 a.m. of the first day of the scheduled collection.

Place bulky/brush item piles within two (2) feet of the curb. Bulky/Brush piles are limited to 8 cubic yards (6' height x 6' width x 6' length). See photo below for a visual of these size limits.

Residents electing to use landscaping or lawn maintenance service to trim trees should have that contractor take the trimmings with them.

- Do not place on curb! Please do not block sidewalks!
- Do not place bulky item piles in front of parked cars, near fences, trees, mailboxes, beneath overhead wires or power lines, low-hanging tree limbs, or on top of water meters.
- Do not place material at the curb after crews have passed by your house. The truck will only pass by once.
- Brush left by commercial tree trimmers or landscapers will not be collected as part of this pick up.

BULKY ITEMS INCLUDE:

Bulky items include stoves, refrigerators, water tanks, washing machines, discarded bathroom fixtures, household furniture, mattresses, television sets, and other bulky waste materials commonly found at a residence. Items such as swing sets, plays capes, basketball goals, trampolines etc. must be disassembled before being placed curbside.

BULKY ITEMS DO NOT INCLUDE:

Household Hazardous Waste, medical waste, infectious waste, motor oil, tires, batteries, paint, construction debris, remodeling debris, demolition debris, roofing material, dead animals, animal waste, rocks, dirt, stable matter.

VIOLATIONS:

Residents will be in violation if any of the conditions below are found:

- Pile contains construction materials (waste resulting construction, remodeling, repair or demolition operations
- Pile contains household hazardous materials, dead animals or stable matter with weights or volumes greater than those described above.
- Pile is obstructed by obstacles, set out directly under powerlines or on top of water mains, placed on sidewalk.
- Pile is set out after crews have passed by your house.

BULKY ITEM DISPOSAL ALTERNATIVE PICKUP:

Residents do not have to wait to receive their bulky item collection to get rid of bulky items; C6 disposal offers other services to dispose of these materials (billed separate of quarterly residential trash bill).

MISSED COLLECTION DUE TO LATE SET OUT:

If you missed your scheduled collection, call C6 Disposal at 210.375.0066 as soon as possible to learn about other disposal options.

Questions: Contact C-6 Disposal Systems, Inc., at 210.375.0066

Bulky/Brush piles are limited to 8 cubic yards (6' height x 6' width x 6' length)
Methodist Healthcare has partnered with the American Heart Association for a year-long hands-only CPR training initiative. Methodist Hospital | Texsan trained 55 guests at the annual Her Heart Luncheon on Friday, Feb. 28. Guests learned about basic life support CPR and tried it on inflatable manikins. In February, Methodist Healthcare trained 724 individuals, in one month, across our facilities here in San Antonio.

CPR can double or even triple a person's chance of survival. Learn the two simple steps:

1. **Call 911**
2. **Begin CPR** - Push hard and fast in the center of the chest to the beat of a familiar song that has 100 to 120 beats per minute (Think: “Ah, Ah, Ah, Ah, Stayin' Alive!”)

**Heart Attack Symptoms**
- Chest discomfort
- Discomfort in other areas of the upper body
- Shortness of breath
- Other signs include: Cold sweats, nausea and lightheadedness

**Stroke Attack Symptoms**
- Spot a stroke F.A.S.T.
- Face drooping
- Arm weakness
- Speech difficulty

**Time to call 911**

If the person shows any of these symptoms, even if the symptoms go away, call 911 and get them to the hospital immediately.

There will be more events scheduled throughout the year. Go to sahealth.com/heart to sign up for a hands-only CPR event near you. You can also request a group training for 30 or more people for this non-certification training.

You can help save a life!

The American Heart Association’s signature women’s initiative, **Go Red for Women**, is a comprehensive platform designed to increase women’s heart health awareness and serve as a catalyst for change to improve the lives of women globally.

It’s no longer just about wearing red; it’s no longer just about sharing heart health facts. It’s about all women making a commitment to stand together with Go Red and taking charge of their own heart health as well as the health of those they can’t bear to live without. Making a commitment to your health isn’t something you have to do alone either, so grab a friend or a family member and make a Go Red Healthy Behavior Commitment today.
MARCH 2020 CALENDAR

March 12  National Girl Scout Day
March 14  Welcome/Ribbon Cutting - New Creation Therapy - 3026 Hillcrest - 10 a.m.
March 17  Planning & Zoning Meeting - 6 p.m.
March 24  Regular City Council Meeting - 6 p.m.

Follow and “Like” the City FB page:
facebook.com/BalconesHeights/

APRIL 2020 CALENDAR

April 6-10  Bulk & Brush Pick-up
April 21  Planning & Zoning - 6 p.m.
April 24  City Holiday - Fiesta Battle of Flowers
          City offices closed
April 27  Regular City Council Meeting - 6 p.m.

To receive the newsletter via email, contact Chrissie Kolb,
chrissie@bhtx.gov, Community Relations Manager

BALCONES HEIGHTS MAYOR, CITY COUNCILMEMBERS

Left to right: Miguel Valverde, Councilmember Place 5; Stephen Lara, Councilmember Place 1; Mayor Suzanne de Leon; Lamar Gillian, Councilmember Place 4 & Mayor Pro-Tem; Gloria Cantu, Councilmember Place 2 and John Halpin, Councilmember Place 3.

Newsletter Editor: Chrissie Kolb, Community Relations Manager
For questions or comments contact chrissie@bhtx.gov